



Minooka Junior High School
333 McEvilly Road
Minooka, Illinois 60447
Phone: 815-467-2136

January 8, 2019

Dear Parents/Guardians,

On January 08, 2019, 8th grade boys and girls will begin Human Growth and Sexuality Unit of study through their scheduled Physical Education class. Students will discuss components related to state prescribed curriculum from their health classes.

This program covers the following:

- Goal Setting
- Learning to Choose Well
- SOS: Suicide Prevention Program with Academic Counselors and Social Workers
- Pressures and Where They Come From
- Why Waiting Matters

Supported State Goals:

- 22.A.3a Identify and describe ways to reduce health risks common to adolescents.
- 22.A.3b Identify how positive health practices and relevant health care can help reduce health risks.
- 22.B.3a Describe how the individual influences the health and well-being of the workplace and the community.
- 23.A.3a Explain how body systems interact with each other.
- 23.B.3a Explain the effects of health-related actions upon body systems.
- 23.C.3a Describe the relationships among physical, mental, and social health factors during adolescence.
- 24.A.3a Describe possible causes and consequences of conflict and violence among youth in schools and communities.
- 24.A.3b Demonstrate methods for addressing interpersonal differences without harm.
- 24.A.3c Explain how positive communication helps to build and maintain relationships at school, at home and in the workplace.
- 24.B.3a Apply a decision-making process to an individual health concern.
- 24.C.3a Apply refusal and negotiation skills to potentially harmful situations.

Should you have questions concerning the curriculum being used, please feel free to contact your child's teacher, building administrator, or the office of the Assistant Superintendent at 815-467-3127.

Sincerely,

MJHS Physical Education & Health Teachers
Mr. Meents (January 8-11, 2019)
Mrs. Kelly (January 14-18, 2019)
Mr. Pendergast (January 28-February 1, 2019)

Our mission in Minooka Community Consolidated School District #201 is to provide each child in the community with a safe, caring learning environment that addresses the educational needs and potential of each student in a manner that encourages lifelong learning.